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Week 2: Message 2, October 7, 2015

Stop | Think | Connect | Cyber Security Awareness Tips

Both at home and at work, please take these simple actions to help keep you, your identity, and your information safer online:

- Set strong passwords and don't share them with anyone.
- Do not include your name, your kids' or pets' names, or other well-known information about yourself in your password;
- Avoid using common words in your passwords or passphrases. Instead, break up words with numbers and punctuation marks or symbols. For example, @ can replace the letter "A" and an exclamation point (!) can replace the letters "I" and "L"; and
- Use a combination of upper and lower case letters.
- Keep your operating system, browser, and other critical software optimized by installing updates.
- Maintain an open dialogue with your co-workers, supervisors and subordinates as well as your family, and friends community about Internet safety.
- Be cautious about what you receive or read online—if it seems suspicious, or too good to be true, there's probably a problem with it.
- Set strong passwords, change them regularly, and don't share them with anyone.
- Use privacy settings and limit the amount of personal information you post online.
- For additional tips and resources, visit Stop. Think. Connect at <u>www.stcguide.com</u>.

